

## **Anandam- An Exercise in Trusteeship**

*Not enjoyment, and not sorrow*

*Is our destined end or way;*

*But to act that each tomorrow*

*May find us farther than today.*

### **1. Objective of the Program**

Anandam is an initiative under RUSA. It was launched in the academic year 2020-2021 to instil the joy of giving in young people, turning them into responsible citizens, who will build a better society. Daily action will build the habit of service in students of all UG and PG courses, who will have to undertake the course each semester.

### **2. Course Category**

Mandatory

### **3. Structure**

Over the course of the year. students will be expected to engage in individual and group acts of service and goodness.

### **4. Students will be expected to (Components of Anandam Programme)**

- Engage in at least one act of kindness/individual service each day.
- Record this act of kindness/individual service in a register/personal diary dedicated to the purpose.
- Share this register/personal diary in the Anandam Time slot assigned by the Department/Faculty/Centre/College.
- Undertake one group service project for every term (outside college hours).
- Submit the report on the group project to Anandam mentors.
- Participate in presentations on the group service in the discussion sessions held.

### **5. Inputs**

#### **A. From the University**

- An Anandam Committee to coordinate the Anandam Programme
- Training for Faculty members on how to facilitate the Anandam program and on mentorship.
- Anandam Committee will organize programs/activities/sessions for faculty members/students.

- A list of Anandam Mentors will be issued by the university administration. The mentors will be appointed from amongst the faculty members of the Faculty/Department/Centre.
- In the case of a college, the college administration will issue a list of Anandam Mentors. The mentors will be appointed from amongst the faculty members of the college.

### **B. From the Faculty/Centre/College/Department**

- Faculty member (Anandam Mentor) will review every student's Register/PD to see if he/she has recorded the acts of goodness.
- The faculty will mentor the group service projects. They will strive to mobilize the required resources and support for the group service projects.
- Mentors to guide and review the student's activities.
- A list of suggested programs or places for volunteering (NGOs etc.) may be made available by faculty members.

### **6. Outcomes**

Each student will finish the semester with a portfolio of giving. This will include their Register/Personal Diaries and their reports on group service projects.

### **7. Evaluation**

The Anandam Curriculum will be a mandatory course. Students across all semesters are required to participate in group service projects. “Good” or “Satisfactory” remarks will be given for the successful completion of group projects and Anandam diaries, per semester. Kindly refer to point 7.1 for a detailed evaluation matrix.

#### **7.1. Evaluation Matrix**

Components per semester

- Register/Personal Diary
- Project Participation

Criteria	Remark in the Marksheet
If Completed Both the Components	Good
If Completed any Single Component	Satisfactory
Not Undertaken a Single Component	_____

### **8. Rewards and Recognition**

The students can submit their projects for an award and recognition at the college and university level. The projects will be reviewed and assessed by committees at the respective levels. Similarly, the mentors will be eligible for such recognition at the University level.